



A PLACE FOR HEALING

Meta House ends the generational cycle of addiction
by healing women + strengthening families

our approach

Meta House is **gender specific**, meaning treatment is tailored to address the unique way women experience the world and their substance use disorders.

Many of the women we serve started using substances to mask the pain of past trauma. We are **trauma-informed** in our approach and **strength-based** in our care.

A woman's family has access to services throughout her stay to both allow them to heal and empower her with a **support network** for the long-term.

treatment settings

RESIDENTIAL

Intensive, inpatient treatment program that can accommodate 43 women and 15 children at a time.

OUTPATIENT

Uniquely designed to meet women where they are in their recovery. Services are offered Monday-Friday.

HOUSING

Safe, affordable and supportive environment designed for single women in early recovery and families led by women in early recovery.

outcome highlights

In 2018: we served 541 women & 230 children across our continuum of care

78% of women successfully completed Residential treatment.

For women who stayed longer than 60 days, 93% were abstinent from or reduced their substance use.

For women who stayed longer than 90 days, 79% were employed, enrolled in a training program or had other legal income (compared to 42% at admission).

For women who stayed in our recovery community at least 90 days: 96% maintained a reduced level of substance use.

96% of women were employed, enrolled in school, had an income or had made progress toward employability.

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Learn more at www.metahouse.org