



# RESIDENTIAL TREATMENT

**Meta House ends the generational cycle of addiction by healing women + strengthening families**

## **OUR APPROACH:**

Meta House is gender specific, meaning treatment is tailored to address a woman's unique experience. We offer priority admission to pregnant women in this setting.

Many of the women we serve started using substances to mask the pain of past trauma. We are trauma-informed in our approach and strength-based in our care.

We place a strong focus on family and a client's support network throughout her journey in treatment.

## **THE LOCATIONS:**

Licensed Community Based Residential Facilities (CBRF), staffed 24 hours per day, seven days per week.

Two facilities with space for 35 women and 15 children located on a quiet street in the Riverwest neighborhood, just north of Downtown Milwaukee.

One 8-bed facility located about two miles off of our main campus in Shorewood.

Bedrooms are typically shared.

Smoke-free campus.

**LEARN MORE AT**  
**[www.metahouse.org](http://www.metahouse.org)**



## **OUR TEAM:**

Most of our therapists are Master's-level clinicians with experience to treat Substance Use Disorder.

Many of our therapists are also licensed to address dual-diagnosis and other mental health concerns.

## **OUR SERVICES:**

- > Individual Therapy
- > Groups including DBT skills, Seeking Safety, process groups + more
- > Coordination of pre- and post-natal care
- > Peer Specialists (mentors with lived experience in recovery)
- > On-Site Psychiatry & Nurse
- > Connection to Medication Assisted Treatment (MAT)
- > Case Management
- > Motivational Interviewing
- > Health Education (including nutrition)
- > Parenting Classes
- > Mental Health Assessments
- > Relapse Prevention
- > Child & Family Services, including On-Site Childcare
- > Smoking Cessation

**2625 N. WEIL ST., MILWAUKEE**  
**(414) 962-1200**

**We welcome your referral.**  
**Please call (414) 977-5844**