



OUR RECOVERY COMMUNITY

Meta House ends the generational cycle of addiction by healing women + strengthening families

overview

Meta House's Recovery Community is comprised of 26 apartment units, 17 of which are dedicated to women with child(ren) in their care or working to reunify with their child(ren) and nine shared units for single women in early recovery.

who we serve

Our Recovery Community offers affordable, supportive, safe and substance-free apartments to woman-led homeless and low-income families in the early stages of recovery, providing them with a safe environment to begin their new, substance-free life.

services

Peer Support. A Peer is someone with lived experience who mentors women on how to navigate daily life in early recovery.

1:1 Child & Family In-Home Services. Our multi-disciplinary Child & Family team enhances a woman's ability to parent effectively, offering practical solutions to challenging situations.

Smoking Cessation Assistance
For the health and wellbeing of our residents, we maintain a smoke-free campus.

Case Management

Sober-Living Community Activities

On-Site Private Playground

what we expect

Women living in our Recovery Community will be required to report on 20 hours of productive activity each week, which can include attending outpatient treatment, working or participating in a job training program, going to school, or volunteering.

outcomes

52 women served in 2017

For women who stayed at least 90 days:

71% maintained reduced level of substance use

100% of women discharged to a drug-free location

100% of women were employed, enrolled in school, had an income or had made progress toward employability

LEARN MORE AT
www.metahouse.org



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