



OUTPATIENT TREATMENT

Meta House ends the generational cycle of addiction by healing women + strengthening families

This treatment setting is uniquely designed to meet women where they are in their recovery.

OUR APPROACH:

Meta House is gender specific, meaning treatment is tailored to address a woman's unique experience.

Many of the women we serve started using substances to mask the pain of past trauma. We are trauma informed in our approach and strength based in our care.

We place a strong focus on family and a client's support network throughout her journey in treatment.

OUR TEAM:

Most of our therapists are Master's-level clinicians with experience in Substance Use Disorder.

Many of our therapists are also licensed to address dual-diagnosis and other mental health concerns.

OUR SERVICES:

- > Offered Monday through Friday
- > Individual Therapy
- > Groups including DBT skills, process groups + more
- > Peer Specialists (mentors with lived experience in recovery)
- > On-Site Psychiatry & Nurse
- > Connection to Medication Assisted Treatment (MAT)
- > Case Management
- > Motivational Interviewing
- > Health Education (including nutrition)
- > Parenting Classes
- > Mental Health Assessments
- > Relapse Prevention
- > Access to Child & Family Services
- > On-Site Drop-In Childcare
- > Vocation and Education Services
- > Smoking Cessation

We accept a variety of insurances and women from different counties. We are a Comprehensive Community Services (CCS) provider. Please call us for more information on how to get enrolled in services.

LEARN MORE AT

www.metahouse.org



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