



# MENTAL HEALTH SERVICES

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## *service components*

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### **PROFESSIONAL STAFF:**

Meta House is staffed by a Psychiatrist who is dual-certified as an Addictionologist, a team of Master's-level Substance Use Disorder and mental health clinicians, consulting psychologists and two nurses, one who focuses primarily on prenatal care.

### **TRAUMA TREATMENT:**

Traditionally, over 80% of women in treatment at Meta House report a history of trauma. Our program incorporates trauma-informed and evidence-based practices throughout our continuum of care.

### **PARENTING PROGRAM:**

specially designed for women with histories of childhood sexual abuse and other trauma.

### **MENTAL HEALTH ASSESSMENTS:**

conducted by Wisconsin School of Professional Psychiatry Masters-seeking students.

### **REFERRAL SERVICES & COORDINATION OF CARE:**

to connect women with additional support, when necessary, and coordinate treatment plan with other providers.

