



CHILD & FAMILY SERVICES

**Meta House offers priority admission to women who are pregnant.*

service components

SKILL-BUILDING CLASSES:

parenting education and coaching; child development classes; nutrition; living and health skills training, social skill-building; cultural development; substance use disorder prevention and awareness classes for each member of the family.

NUTURING PROGRAM:

focuses on teaching parents to be sensitive to and aware of children's emotional needs with consideration to family history and trauma.

IN-HOME VISITS:

and individual sessions to assist with on-going skill development.

BABY HEALTH:

birth to 10 developmental screenings and pre- & post- natal care coordination.

ON-SITE CHILD CARE:

to ensure a woman's child(ren) have a safe place to learn and grow while she's in treatment.

MOTHER, CHILD & FAMILY INTERACTION:

includes family activities and reunification services.

MOM & ME:

facilitated interaction between mother and child.

FILIAL THERAPY:

teaches parents to practice child-centered play therapy techniques with the goal of strengthening relationships.

CELEBRATING FAMILIES!:

thirteen-week, evidence- and curriculum-based program guided by a caring, multidisciplinary team to help entire families through the healing process.

